

**TOGETHER WE CAN**

**Hounds For Heroes  
Charity Challenge**



## throwing down the gauntlet!

**We** \_\_\_\_\_ name of your team  
**of** \_\_\_\_\_

**formally challenge you**

**of** \_\_\_\_\_ name of your challenger

**to a contest of fitness, speed, stamina and endurance!**

**To take place at** \_\_\_\_\_ name of venue **in the month of June.**

**We have selected the** \_\_\_\_\_ name of challenge selected

**Please contact me to accept this challenge and we will arrange a mutually convenient **time and date** for this epic event to commence!**

### Your Challenger

**Name:** \_\_\_\_\_

**Tel:** \_\_\_\_\_ **Email:** \_\_\_\_\_

We are throwing down the gauntlet in order to raise money for the charity Hounds For Heroes and invite you to take part in the Fit in Kit challenge! This is a fun challenge with some serious fitness involved!  
In order to ensure neither team is disadvantaged all teams will wear the following clothing

\_\_\_\_\_  
(name clothing ie light weight work top and trousers with trainers)

The teams for this challenge will comprise of 4 persons who can be all male, all female or mixed (at least one person of the opposite sex in a team).

**See the website [fitinkit.com](http://fitinkit.com) to see the challenges in more detail, order your **Fit in Kit Packs** and download your **sponsorship forms**. And let us know how you get on - email [sporty@fitinkit.com](mailto:sporty@fitinkit.com)**

*Why not include suggestions about going for a team meal or drink after and turn it into a social occasion!*



**Hounds For Heroes** provides specially trained assistance dogs to injured and disabled members of the armed forces and emergency services. **[houndsforheroes.com](http://houndsforheroes.com)**

Hounds for Heroes is a registered charity no: 1134359 (England & Wales) SC043751 (Scotland). Registered address: Unit 2B, Rookery Farm Buildings, Ramsdean, Petersfield, Hants GU32 1RU