



**Hounds For Heroes Charity Challenge**

**TOGETHER  
WE CAN**

**make a difference this June!**



Be part of ...

# Fit In Kit

## Charity Challenge for Hounds for Heroes

**Do a sponsored bike ride, a run, a dog walk, do it individually or with friends or colleagues for Hounds For Heroes!**

Show your support by wearing your 'kit' which could be uniform, work gear or team kit.

**Not got any 'kit'?** Order one of our great 'Fit in Kit' Packs , from the website, with team shirts and medals!

**Can't decide what to do?** Why not try our Rookie, Top Dog or Hero challenges?



**Hounds for Heroes** provides specially trained assistance dogs to injured and disabled men and women of both the **UK Armed Forces** and **Emergency Services**.

Hounds for Heroes is a registered charity no: 1134359 (England & Wales) SC043751 (Scotland)  
web: [houndsforheroes.com](http://houndsforheroes.com) tel: 01730 823118



For info & suggestions visit

**[fitinkit.com](http://fitinkit.com)**

